

National Allergy Council – Camp participant food allergy matrix SAMPLE



X indicates that the camp participant is allergic to this food

Tree nuts

Last name	First name	Role (staff or student)	Milk (dairy)	Egg	Fish	Crustacean	Mollusc	Sesame	Lupin	Peanut	Soy	Wheat	Gluten	Almond	Brazil nut	Cashew	Hazelnut	Macadamia	Pecan	Pine nut	Pistachio	Walnut	Sulphites	Other allergies/ dietary requirements
A	John	Camper	X																					Vegetarian
C	Sam	Camper																	X			X		Banana
F	Ben	Camper								X													X	
J	Jenny	Camper			X																			Banana, rockmelon
M	Tim	Camper	X						X															
N	Brett	Camper	X	X							X													
T	Anne	Camper	X																					
V	Steph	Camper														X								
H	Greg	Staff																						Kiwifruit
I	Kate	Staff			X	X	X																	
S	James	Staff										X												Rye